



E-Bulletin from National Association for Patient Participation Issue Number 130 June 2018

a. Latest N.A.P.P. News

- a. **This year's Annual Conference in Nottingham on 9th June "40 years of patient engagement: What next?"** attended by over 100 delegates from member PPGs, CCGs and other organisations, was both celebratory and inspiring. You can now hear and see video footage of the keynote speeches by Professor Mayur Lakhani, President of the Royal College of GPs and N.A.P.P.'s Chair Dr Patricia Wilkie [here](#) (you may have to scroll down the page to find the link). Also at the same link are the subsequent panel questions, the very lively Soapbox session, closing comments by our Patron, Sir Denis Pereira Gray and a number of interesting "vox pop" comments from both exhibitors and delegates.

b. Corkill Award 2018

Winner: The Stoke Road Surgery PPG based near Cheltenham, Gloucestershire

Runner-up: The Thornton Practice PPG from Thornton Cleveleys in Lancashire

Both these PPGs provided inspiring entries which have made significant differences to the health and well-being of patients, involving their local communities, including both young and old, benefitted their practices and which could also be replicated by other PPGs. Do view both their conference presentations [here](#)

1. PPG Awareness Week, 4th - 9th June - Radio Campaign:

N.A.P.P. had unprecedented success in a radio campaign designed to explain and promote the importance of PPGs in General Practice and to encourage the public to find out more and to join their PPG. N.A.P.P. President and Chairman, Dr Patricia Wilkie, and Chief Executive, Paul Devlin, spent over three hours in the studio doing a series of live and pre-recorded interviews with a wide range of community radio stations throughout the UK. Some of the live recordings lasted as long as 15 minutes, generating lots of discussion with the radio host. They were able to share information about what PPGs can do and, importantly, publicise how members of the public can find out more about their own PPG. The total audience exceeded 3.5 million listeners. You can hear a 20 minute podcast of highlights from the interviews [here](#) (this may take some time to download), or a shorter version of the pre-record [here](#)



2. **Your Awareness Week experiences - tell us about them!** Many PPGs and their practices use the week as an opportunity to organise special events., showcase their work and attract new members. We want to upgrade the resources and support we offer in future years. Sharing good practice and experience is a key element of N.A.P.P. membership so we want to hear and see what your PPG did this year, in particular

- what was successful
- examples of your publicity material.
- where it took place – in practice premises or elsewhere

2. Top Tips for PPGs on how to work with local Healthwatch

Both PPGs and Healthwatch have a place in representing the patient voice within the NHS. PPGs members have always been encouraged to engage with local Healthwatch. To understand more about their respective roles and responsibilities, please visit the [PPGs and Healthwatch pages](#) on our website, where you will also find our new Top Tips leaflet on how they can work together.

3. NHS at 70: public attitudes to the health and care system

NHS Providers, NHS Clinical Commissioners, the Royal College of Physicians and National Voices commissioned Ipsos MORI to carry out a survey with the general public in England about their views towards funding of the NHS, and their priorities when receiving care. The [findings](#) show rising public concern for the future of the NHS and social care and also support for increasing taxation to maintain the NHS.

4. Focus on brisk walking, not just 10,000 steps

An estimated 3 million middle-aged adults across the country are physically inactive. As part of the [push](#) to get adults doing more moderate intensity physical activity each day, Public Health England and the Royal College of GPs are encouraging them to improve their health by increasing the intensity of their walking, focusing on walking briskly rather than just on the distance or number of steps. They are encouraging adults to incorporate brisk walking into their days as a way to improve their general health and wellbeing.

5. Ninth National GP worklife survey 2017

The number of GPs planning to quit general practice within five years rose to 39% in 2017 from 35% in 2015. More than nine out of ten GPs reported experiencing considerable or high pressure from 'increasing workloads'. The [findings](#) are from a survey by the Department of Health and Social Care.

6. NHS England's new £10million fund to support and retain GPs

Some £7million will be made available through regional-based schemes to help GPs to stay in the workforce, by promoting new ways of working and by offering additional support through a new Local [GP Retention Fund](#). A further £3 million will also be made available to establish seven intensive support sites across the country in areas that have struggled most to retain GPs. Details on these sites and plans for retention efforts there will be announced next month.

7. What to expect from health and care services after a diagnosis of dementia

This new guide is for anyone diagnosed with dementia and the people who care for them. It has details about what support they should get. It includes information about what is in a care plan, how health care and social care services can help, support available to family and friends who are carers, how to take part in research. [More....](#)

8. Dementia risk now included as part of NHS Health Check

Healthcare professionals in GP surgeries and the community will soon give advice on dementia risk to patients as part of the NHS health check. Adding the dementia element to the [NHS health check programme](#) will enable healthcare professionals to talk to their patients about how they can reduce their dementia risk, such as by maintaining their social life, keeping mentally and physically active and stopping smoking.

9. Systems for protecting patient data in the NHS and GDPR

Public confidence in data-sharing has been tested by several high-profile breaches of data security and confidentiality. A [briefing](#) has been published by the King's Fund exploring the use of data in the NHS, the systems in place for protecting data and what General Data Protection Act opt-out might mean for the future.

10. N.A.P.P. website: Don't miss out this useful member benefit!

Our website Member pages contain **key resources available only to affiliated PPGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a generic group email address as the username for the login.

11. Reminder: *Please email this bulletin to fellow members promptly. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>*

Edith Todd, Trustee, June 2018